

# SPILSBY EXPLORER

## SPRING 2023



Photograph by John Wood – Spilsby Resident.



SPILSBY TOWN COUNCIL

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**We would very much welcome any suggestions for future editions of the ‘Spilsby Explorer’.**

**Please share any news article.**

**Most importantly please just get in touch, we would really love to hear from you.**

**The next edition will be published in July, 2023. If you would like to contribute please contact  
Spilsby Town Council. Email: [spilsbytowncouncil@btconnect.com](mailto:spilsbytowncouncil@btconnect.com)**

**Telephone - 01790753189**

## **MAYOR'S MESSAGE**

Welcome to the Spring edition of the 'Spilsby Explorer'.

It has been another busy period in Spilsby with lots of events over the Christmas period.

The celebrations at the Churches, the Christmas Market and Lights Switch on, the Light Show 'Festive Fabuloso' etc were well attended and highly regarded.

Of course the ongoing economic situation has and will continue to effect the Town.

Individuals, Organisations, Businesses and indeed the Town Council are having to do more with less. However, it has been gratifying to see that the strength of community spirit has remained strong.

I would like to take the opportunity to thank all local people who have given their own time to better the town and assist people during a difficult year.

We have a number of forthcoming events, the King's Coronation being foremost in all our minds, which I'm sure the people of Spilsby will support with their usual vigour.

Please look out for posters etc to promote this event.

On a personal note I would like to thank all of my colleagues on the Council, all of the community groups in Spilsby and most importantly the residents of the Town.

Your continuing efforts to make Spilsby what it is, humbles me and fills me with hope for the future.

Best Wishes, Tom

Tom Kemp

Mayor of Spilsby



## **SPILSBY TOWN COUNCIL**

### **SPILSBY TOWN COUNCIL DATES OF MEETINGS 2023-2024**

**All meetings to start at 6.30pm unless stated**

#### **FULL COUNCIL MEETINGS**

Wednesday 22nd March, 2023

Wednesday 26th April, 2023

Thursday 4th May Elections

Wednesday 10th May, 2023

Annual Meeting of the Council

Wednesday 24th May 2023

Annual Town Meeting Time TBA

Wednesday 21st June, 2023

Wednesday 26th July, 2023 August Recess

Wednesday 27th September, 2023

Wednesday 25th October, 2023

Wednesday 22nd November, 2023

December Recess

Wednesday 24th January, 2024

Wednesday 21st February, 2024

Wednesday 27th March, 2024

#### **FINANCE AND POLICIES COMMITTEE MEETINGS**

Wednesday 12th April, 2023

Wednesday 7th June, 2023

Wednesday 11th October, 2023

Wednesday 10th January, 2024

Wednesday 10th April, 2024

#### **PRECEPT/BUDGET MEETING**

Wednesday 10th January, 2024

# It's the start of something special.



It's that **Newton Fallowell** feeling.

We're an estate agency that puts people at the heart of property. Landlords, buyers, renters, vendors... they'll all say similar things. That we know the Midlands like no-one else. That we care more about service. And that while others go through the motions, we'll go the extra mile for every single customer.

**Pop in, call 01790 755222**  
**or search Newton Fallowell**





# SPILSBY TOWN COUNCIL

## PRECEPT 2023/24

Spilsby Town Council's income (Precept) is collected by East Lindsey District Council from all Council Tax payers in the district.

The amount per household is calculated by how many households there are in the parish paying Council Tax.

The Town Council also receive income from Cemetery Fees, Allotment Fees and Interest from bank accounts.

The Precept for 2023/24 will increase by 12.5%, this is due to the current rate of inflation (10%), the initiatives which the Council are undertaking and also committed expenditure for the coming year.

Below is the Budget forecast for 2023/24

### INCOME

Allotments & Cemetery	£2,500.00
General Income	£750.00
Interest	£20.00
Precept	£140,625.00
Vat Refund	£2,000.00
<b>TOTAL</b>	<b>£145,895.00</b>

### EXPENDITURE

Allotments	£1,700.00	
Cemetery	£3,950.00	
CCTV	£4,500.00	
Civic Functions	£800.00	
Main Contractor	£6,000.00	
Courses & Conferences	£800.00	
By Election	£3,000.00	
General Administration	£4,825.00	
Mayor's Allowance	£1,000.00	
Newsletter	£4250.00	
Parks & Open Spaces	£60,350.00	(Play area (£50,000.00))
Rent	£7,000.00	
Christmas Lights	£4,000.00	
Christmas Market	£1,000.00	
Christmas Tree	£250.00	
Donations/Grants	£4,000.00	
King Charles Coronation	£1,000.00	
Picnic in the Park	£1,000.00	
Poppy Wreath	£250.00	
Staff Costs	£33,960.00	
Telecoms	£840.00	
Tourism & Events	£3,000.00	
Projects – Bike Racks	£5,000.00	
<b>TOTAL</b>	<b>£152,475.00</b>	

## WHAT DO LOCAL COUNCILS DO?

Your local (parish and town) council has overall responsibility for the wellbeing of your local community. Their work falls into three main categories:

- Delivery of Services
- Improve quality of life for residents
- Give communities a democratic vote

Local councils fund numerous services, depending on the size of the council. Many you will see day to day, but some are less known.

For Spilsby Town Council these include:

- Managing Christmas illuminations and Tree
- Managing and maintaining allotments and open spaces (Spinney & Toc H wildlife areas)
- Managing and maintaining the Play Area on Boston Road recreation ground
- Managing and maintaining the Cemetery, war memorials and closed churchyard
- Floral displays around the town
- Public seating and litter bins
- Creating neighbourhood plans
- Emergency Planning
- Managing and maintaining CCTV
- Remembrance Parade
- Mayoral Engagements
- Grants for local groups

## BECOMING A LOCAL COUNCILLOR

As a local councillor you can become a voice for your community and make a real change.

Local councillors are the champions of their community who invest time in local projects and issues to the benefit of residents and the neighbourhood.

Local councillor responsibilities fall into three main categories:

- Decision making
- Monitoring
- Getting involved locally

Local councillors attend to local needs of residents, local groups and businesses, make decisions on local services, collaborate with district and borough councils to adhere to local needs and progress vital projects to invest in the future of the community.

## CAN I STAND FOR ELECTION?

To stand for election to a local council you must be:

- A UK or Commonwealth citizen, or be a citizen of the Republic of Ireland, or be a citizen of another Member State of the European Union.
- At least 18 years old.
- An elector of the local council, or in the last twelve months occupied land or other premises in the area the local council serves (as your principal or only place of work) or live within three miles of the local council boundary.

**Find out more at: [www.nalc.gov.uk/makeachange](http://www.nalc.gov.uk/makeachange)**

# CALLING ALL COMMUNITY HEROES



**YOUR LOCAL COUNCIL  
NEEDS YOU!**

MAKE A CHANGE  
BECOME A COUNCILLOR

TO FIND OUT MORE, CONTACT:  
[WWW.LALC.CO.UK](http://WWW.LALC.CO.UK)



# SPILSBY

## Neighbourhood Policing Team

### February 2023 Issue



## YOUR LOCAL TEAM



PC Green    PC Nuttall    PCSO Key    PCSO Blachut

Contact us

**CALL YOUR  
LOCAL  
POLICE**

 **101**

**IN AN  
EMERGENCY  
ALWAYS  
CALL 999**

**FOR NON-URGENT INCIDENTS, REPORT ONLINE**  
[www.lincs.police.uk/online-reporting](http://www.lincs.police.uk/online-reporting)

Wolds neighbourhood policing team email:  
[southwolds@lincs.police.uk](mailto:southwolds@lincs.police.uk)

<b>PC Green</b>	<a href="mailto:daniel.green@lincs.police.uk">daniel.green@lincs.police.uk</a>
<b>PC Nuttall</b>	<a href="mailto:benjamin.nuttall@lincs.police.uk">benjamin.nuttall@lincs.police.uk</a>
<b>PCSO Key</b>	<a href="mailto:teresa.key@lincs.police.uk">teresa.key@lincs.police.uk</a>
<b>PCSO Blachut</b>	<a href="mailto:iwona.blachut@lincs.police.uk">iwona.blachut@lincs.police.uk</a>

For frequent updates about what is happening in your community follow us on social media.

**Facebook**    Horncastle, Spilsby  
and Woodhall spa police

**Twitter**    WoldsSthPolice

## CrimeStoppers.

# 0800 555111

100% anonymous. Always.

## FORTHCOMING ENGAGEMENTS

The team are busy organising their diary to include a monthly community surgery in your area.

Details will be announced on [nextdoor.co.uk](http://nextdoor.co.uk).

## REPORT CRIME, ISSUES & SPEAK TO US

**Report a non-urgent incident online**  
([lincs.police.uk](http://lincs.police.uk))

**Report parking issues to council**  
([www.lincolnshire.gov.uk/nuisanceparking](http://www.lincolnshire.gov.uk/nuisanceparking))

**Crime Statistics (Historical)**

Horncastle, Wragby, Spilsby  
Woodhall Spa, Coningsby and Tattershall

**[www.police.uk](http://www.police.uk)**

Connect with Lincolnshire Police on  
[nextdoor.co.uk](http://nextdoor.co.uk) for local information  
regarding your village.

## LOCAL PRIORITY

Quarterly priorities:

**ASB**

**Fatal4**

*Speeding, seatbelts  
drink/drug drive, mobile phone*

**Fraud & Scams**

[Changes...](#)

These priorities will be reviewed again in April 2023.

So make your thoughts known by emailing the team or message on [nextdoor.co.uk](http://nextdoor.co.uk).



Nextdoor is a great way of getting  
the latest relevant information  
for your area

Join at:

**[www.nextdoor.co.uk](http://www.nextdoor.co.uk)**



# COMMUNITY UPDATE

We have made combating scams one of our divisional priorities. We have seen an increase in this type of crime being reported in January 2023. CID are investigating crimes where offenders have rung victims claiming to be police officers. The offenders then ask the victims to transfer money from their bank account, purchase items online or withdraw cash from bank accounts and bureaux de change. The fraudster will later attend the victims home address and collect the cash, this is sometimes referred to as a courier scam. Please remember **YOUR BANK OR THE POLICE WILL NEVER.....**

- 1) Phone and ask for your PIN or banking password, even by tapping them into your phone keypad.
- 2) Ask you to withdraw money.
- 3) Ask you to transfer money to a new or other account for fraud reasons, even if they say it is in your name.
- 4) Send someone to your home to collect cash, PIN, cards or cheque books if they say you have been a victim of fraud.
- 5) Ask you to purchase goods using your card and then hand them over for safe keeping.

Your neighbourhood policing team will be conducting neighbourhood surgeries over the coming weeks to give advice about how to detect these scams and how to safeguard yourself. If you see us around, please stop us for a chat. Our surgeries will be advertised on social media, in our newsletters and by using our advertising van.

Your local Neighbourhood Policing Team appreciates the importance of being in the right place, at the right time, for the right reasons to reassure the public, improve public confidence and reduce crime and anti-social behaviour in the area in which we all live and work.

We encourage all residents to call and report any issues where they live so that we can deal with any issues and step up our patrols in the area.

If you feel that there are other issues affecting you or your local community that should be given priority, please inform your local Neighbourhood Policing Team.

## ASB

On 03/02/23 we were called to a report of a person causing a disturbance in Sibsey. We attended and a female was arrested for being drunk and disorderly in a public place and spent the night in custody. We will not tolerate anti-social behaviour in our communities

## Traffic Offence

On 11/01/23 Our patrols stopped a car in the Spilsby area. Inquiries revealed that the driver had no Insurance. The car was seized, and the driver will be prosecuted.

On 27/01/23 one of our patrols arrested the driver of a car in the Spilsby area after they failed a roadside drugs test and were found to have no insurance.

## Rural Crime Action Team

Our commitment to protect rural communities and tackle crimes including hare coursing, lead thefts and fly-tipping has been realised and enhanced with the formation of a new rural crime action team.

The team of eight police constables and one sergeant will be employed by Lincolnshire Police in the coming months as part of our recruitment uplift.

They will target rural crime such as hare coursing and wildlife crime, arson, flytipping, lead theft, theft from farms and rural properties as well as offer crime prevention advice.

## Op Signature

This is a special ongoing operation which identifies and helps vulnerable people who may have been or could be a victim of scam / banking fraud. Some reports are passed to police via Action Fraud, who may have taken the initial report.

This will result in a member of the neighbourhood policing team making a face to face visit to the victim. Fuller details of the crime are obtained, with further safeguarding measures put in place. These could include; a telephone call blocker, 'No Cold Calling' signs, scam awareness packs, alert relative/friends.

## WANT TO KNOW MORE

Crime statistics for your neighbourhood are available at [www.lincs.police.uk](http://www.lincs.police.uk)

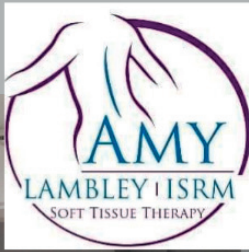


Find us on  
**Facebook**  
Search: **Horncastle Police**

Follow us on Twitter



Search: **@WoldsSthPolice**



**UNIT 3, THE FRANKLIN CENTRE  
21 HIGH STREET, SPILSBY, PE23 5JH**

**Inc. sports and remedial massage, adv  
soft tissue techniques, kinesotaping,  
movement and exercise for minor and  
chronic pain and injury.**

- ✓ Injury assessment, treatment and rehabilitation.
- ✓ Pain management
- ✓ Mobility
- ✓ Wellness



07950214860



[www.facebook.com/AmyLambleyISRM](https://www.facebook.com/AmyLambleyISRM)



[amylambley@googlemail.com](mailto:amylambley@googlemail.com)

# HELLO!

Since the last edition of the Spilsby Explorer, a great bit of good news is that East Lindsey District Council were successful in their bid to the Levelling Up fund. The fund seeks to support projects that have the potential to improve lives and give people pride in their communities. The Sessions House is a listed building and a significant part of Spilsby's history. It will be supported to bring the building back into use as a theatre and as a community-owned space. The funding would allow the building's old police cells to be opened to the public, creating a new visitor attraction.

Since my election in May 2019, I have championed investment and revival of the Sessions House. The credit goes to Bruce Knight and the team at the Sessions House, working in partnership with East Lindsey District Council, to make this bid a success. Congratulations on the success of the bid. I believe that the Sessions House will become a valuable community asset as well as a powerhouse for Culture, Arts and Entrainment within the East Lindsey District.

Spilsby is fortunate in having a beautiful Town centre, a Heritage area. When I walked round the area with the Heritage Manager a few months ago, we felt that there were some areas at risk. A specially commissioned report for Spilsby should be available soon and this should provide guidance on how to improve the area.

For the first time, residents in East Lindsey will need to **show photographic ID to vote** at this year's local elections on 04 May 2023. This is required by the UK Government Election Act. Accepted forms

of ID include a UK, European Economic Area (EEA) or Commonwealth passport; a UK, EEA or Commonwealth drivers' licence; and some concessionary travel passes, such as an older person's bus pass or an Oyster 60+ card. Voters will be able to use expired ID if they are still recognisable from the photo. Residents who do not have one of the accepted forms of ID can apply for free ID either at **[www.voter-authority-certificate.service.gov.uk/](http://www.voter-authority-certificate.service.gov.uk/)** or by completing a paper application form and sending this to East Lindsey District Council's electoral services team. If you need any help with applying for the free ID or want to request an application form, contact the electoral services team on 01507 601111.

Anyone who wants to have their say in the elections this May must also be registered to vote. It only takes five minutes to register online at [www.gov.uk/register-to-vote](http://www.gov.uk/register-to-vote). Voters wishing to apply to their council for free ID should first make sure they are registered to vote. If you are unable to vote in person at your local polling station you can vote by post or by nominating a proxy. Applications for these methods of voting must be received in good time by East Lindsey District Council. Further details can be found at: <https://www.e-lindsey.gov.uk/article/5887/How-to-Register>

The newly introduced waste and recycling collection system has been around for a few weeks now. Please remember that crisp tubes or greasy takeaway pizza boxes cannot be recycled in the purple-lidded bin (paper and card) or grey bin (recycling), as they are contaminated with grease. These will need to go in the black (general waste) bin please.

The cost-of-living crisis continues to hurt. The Household Support Fund has been launched in South and East Lincolnshire. Funds of up to £300 will be paid to individuals and families in East Lindsey, who have not received any cost-of-living support. Funding originates from UK Government via the South and East Lincolnshire Councils

Partnership's Household Support Scheme. Applications can be made at [www.lincolnshirecf.co.uk](http://www.lincolnshirecf.co.uk) from 1st February 2023 until 24th March 2023. If you do not have access to the website, please contact the Grants team on 01529 305825 or email [katie@lincolnshirecf.co.uk](mailto:katie@lincolnshirecf.co.uk).

Key information on what support to help with cost of living is available from East Lindsey District Council and how to access it can be found on the East Lindsey District Council website at:

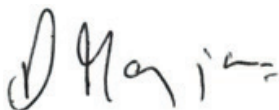
<https://www.e-lindsey.gov.uk/article/20624/Cost-of-Living-Support>.

You can always contact me on:

David.Mangion@e-lindsey.gov.uk 07788636916; and

<https://www.facebook.com/profile.php?id=100078911883633>

With best wishes



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## From your Lincolnshire County Councillor

The last few years have been incredibly stressful for everyone but especially for families young and old, dealing with Covid and restrictions.

We now seem to be slowly learning to live with Covid and indeed the Flu and cold virus seems to be the one that is presently causing problems.

Covid boosters and Flu vaccines are still available locally.

If you are feeling unwell and unable to access your GP and the condition is not life threatening, please call 111 and they will advise you what to do and provide help with either a doctor's appointment, medication or if they feel necessary to go to A and E.

You can report issues with roads, drainage, streetlights, and fly tipping on the Fix My Street app, which you can download on to your phone, or alternatively call LCC Highways on 01522 782070. Power line faults report on 105.

If you would like help with any issues you may have, please contact me on 01754 880388 or 07917494478 or email me [cllrw.bowkett@lincolnshire.gov.uk](mailto:cllrw.bowkett@lincolnshire.gov.uk)

Cllr Wendy Bowkett  
County Councillor for Wainfleet and Spilsby Ward



# HOW IS THE TOWN'S FIRE STATION AND CREW PERFORMING?

Calls for the station have returned to normal levels following the unprecedented hot weather in July and August, 2022 and then the subsequent wet weather that saw floods in Market Rasen, Louth and Spalding. However, this hasn't meant that the crew haven't faced challenging incidents in this time. Particular incidents of note are the serious fire at Dorothy Avenue in Skegness that, due to other calls being received for incidents in Skegness, meant that Spilsby was the first appliance in attendance. Also the recent Silt Side building on London Road in Boston which resulted in the road being closed and the building demolished a few days later.

The station has performed well in its recent station audit, receiving an overall score of 92.7%

## **So how many incidents has the crew attended between 21st October 2022 and 21st January 2023?**

*They responded to the following number of call outs*

21st – 31st October – 5 calls (10 for the whole month)

November – 13 calls

December – 15 calls

January – 11 calls

## **In the next few months the NFCC have the following targeted campaigns**

### **Smoking Safety**

### **Escape Routes**

### **Outdoor Fire Safety**

### **Cooking**

For more guidance on fire safety, please look up Lincolnshire Fire & Rescue's page on the internet. Also check out the NFCC fire safety campaign calendar.

Do you know a Sherman? If you know anyone in the following groups, please encourage them to refer into Lincolnshire Fire & Rescue for a free Safe & Well check by calling the number below:

Smoker, Hoarder, Elderly, Reduced mobility, Mental health issues, Alcohol or drug dependant or needing care or support.



**If you have any fire safety concerns in your home please contact the team at**

**Grantham Fire Station on 01476 565441**

**If you want to join the crew at Spilsby please ring the recruitment line on 0800 3580 204**

**You can follow Spilsby Fire Station and the crew on Facebook or Twitter**



[www.facebook.com/spilsbyfire](https://www.facebook.com/spilsbyfire)



[@spilsbyfire](https://twitter.com/spilsbyfire)



# SPILSBY SURGERY

– CARE AS INDIVIDUAL AS YOU ARE –

Winter 2022-2023 has been the busiest ever for Spilsby Surgery and for General Practice in England. The predicted 'twindemic' of influenza and a further wave of Covid, combined with RSV (respiratory syncytial virus) in kids and GAS (group A strep) panic led to our care navigators and duty clinicians dealing with at times 140 unscheduled contacts a day. Face masks and face coverings in the practice remain an essential dress code for the protection of staff and patients. My mask helps protect you, and your mask protects others.

Spilsby Surgery's reputation in the Lincolnshire health system is such that our patients currently benefit from a fully staffed nursing and GP team. However, we don't need to look far afield to see previously stable surgery teams face sudden and serious staffing difficulties. In England there are nearly 2000 fewer fully trained full-time GPs than in 2015 (losing 400 in the last year alone). Lincolnshire has one of the lowest numbers of GPs per head of population in the country. Despite a big investment in training new GPs and recruiting international doctors, the county has haemorrhaged experienced doctors at an equal rate.



Last year, GP practices in England delivered 329 million appointments – 17 million more than in the year before the pandemic, yet the Government and NHS England continue to tell us and the public that we're not working hard enough. Instead of investing in safe quality care, they are further harming the morale, resilience and health of primary care teams.

The effects of recent inflation will be felt by families and businesses – the Surgery is a small business – for years to come, with rocketing expenses and bills. A welcome rise in the National Living Wage requires salaries to be uprated across our whole team (care navigators, secretaries, nurses), with no additional funding from Government.

The GP partnership model of general practice – small businesses embedded in, investing for, and accountable to the communities they serve – is under increasing threat. You risk a workforce salaried to large international healthcare companies who may well put shareholder dividends first.

It looks unlikely that GP leaders and the main political parties will agree on the urgent need to invest more in health care close to your home, and that we will seek the same support from our patients that you have recently given to hospital nurses and ambulance staff. Extra hospital beds or shiny ambulances won't keep the NHS afloat if there are fewer dedicated but undervalued staff to care for you.

## **PREMISES UPDATE**

Once again, our developers report a delay in breaking ground on the Halton Road site earmarked for the new surgery build. The contractor for the surrounding housing development wishes to progress agreements with the District Council before releasing the plot and access to our builders. Two Portakabin consulting rooms will be in operation at our Simpson Street site from mid-March to make do until (we hope) mid-2024.

*This Article has been written by Dr Stephen Savory, GP Partner & does not reflect the views or opinions of Spilsby Town Council.*

# SPILSBY PAVILION AND RECREATION GROUND

**AVAILABLE  
TO BOOK  
NOW**



**FIND US ON FACEBOOK**

Located in Ancaster Avenue, Spilsby, for many years the Spilsby Pavilion & Recreation Ground has been a hub of the community. The unique public space can cater for both indoor and outdoor events, including many new clubs and associations. Booking is easy and affordable, with great facilities and free parking.

- ★ FUNCTION HIRE
- ★ TABLE TENNIS
- ★ FOOTBALL
- ★ PLUS MUCH MUCH MORE
- ★ WEDDINGS & BIRTHDAYS
- ★ DANCING & FITNESS
- ★ JUDO & TRAINING ROOMS

**TO BOOK OR ENQUIRE**



CALL/EMAIL 07825 545704 OR [SUEGAUNTLETT@HOTMAIL.COM](mailto:SUEGAUNTLETT@HOTMAIL.COM)

[WWW.SPILSBYRECREATIONGROUND.CO.UK](http://WWW.SPILSBYRECREATIONGROUND.CO.UK)

*Home of Spilsby Town Football Club*





## THE TEENAGE MARKET IS COMING TO TOWN!

East Lindsey District Council has successfully launched the Teenage Market initiative in Horncastle and after running three markets they are keen to expand the concept into other market towns, and Spilsby is one of them.

The Teenage Market is a national campaign to support young people to have a taste of trading or performing in town centres. The council is offering anyone under the age of 25 to sign up to trade for free during the market dates (which are currently being set for this year). The council will also cover the trader's Public Liability Insurance and support with publicity. If you are or know a young entrepreneur who would like to find out more about the initiative, please ask them to email [Samantha.phillips@e-lindsey.gov.uk](mailto:Samantha.phillips@e-lindsey.gov.uk).

The council is also on the lookout for young talented entertainers to take part too!

You can find out more about the Teenage Market here:  
[www.theteenagemarket.co.uk](http://www.theteenagemarket.co.uk)

Sam Phillips | Place Officer | East Lindsey District Council

# Tongs of Spilsby

## Hardware & Cookshop

# Hardware DIY – Cookshop

1 HIGH STREET • SPILSBY • LINCOLNSHIRE • PE23 5JL

**Tel: 01790 752548**



*The town's biggest annual event  
returns this July!*

# Spilsby Show

**Sunday 9th July 2023**

**Bigger. Better. Back.**

**Brand new attractions...**

**Craft Marquee**

**Farmers Market**

**Heavy Horse Show**

**Main ring entertainment**

**Model Marquee**

**Trade Stands**

**Vintage Vehicles**

**There'll be so much more too...**



**Scan to book your tickets online!**



# Therapeutic Interventions and Mental Health Services



*For Children, School's, Families and Women*

**WANT HELP WITH MAKING YOUR MIND  
FEEL BEEAUTIFUL AGAIN?**

## Drawing and Talking



*(In person or online)*

**Paper and Pencil**

**Story Telling Language**

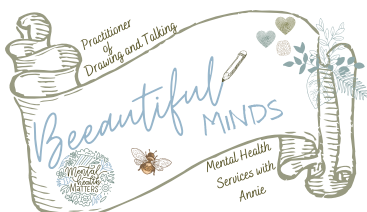
**1:1 and group work**

**30 minute sessions**

**6-12 week programme**

**Folder with all 6-12**

**drawings**



*FREE consultation meeting.*

**1:1**

## Sand Play

*(In person)*

**Sand Tray**



**Figures, toys and Blocks**

**1:1 therapeutic**

**intervention**

**30 minute sessions**

**12 week programme**

**Folder with 12 creations**

*To support people through trauma, loss, stress, anxiety, unwanted behaviour and much more*

*12 sessions of Drawing and Talking/Sand Play (30 minutes)*

*£360 (£30 per session)*

*Group*

*Join our Chatter to Chill (5-12), Chat and Chill (13-18) or Family First sessions, Wellness*

*Workshops, Stress Buster and Mindful Mornings, at a discounted price, to resolve worries,*

*stressors and any other matter making your mind not feel beautiful*

*£90 per person (6-8 spaces)*

*Annie@beautifulminds.co.uk / 07963931786*

*Facebook: Beautifulminds / Insta: @beautifulminds*



## WALKERS ARE WELCOME

Spilsby and Hundleby Walkers are Welcome is a group that exists to encourage tourism to the local area by organising monthly public walks.

We utilise the footpaths and public rights of way in our lovely surrounding countryside, with walks usually ranging from four to eight miles. Everyone is welcome, whether local or from outside the area.

Details of our walks can be found on our website: [spilsbyandhundlebywalkersarewelcome.com](http://spilsbyandhundlebywalkersarewelcome.com) or on our facebook page.

On Sunday 28th May, 2023 to mark the launch of our new free booklet of ten local walks, we will be leading two walks as part of the Lincolnshire Wolds Outdoor Festival.

Both walks start from Hundleby Parish Rooms, and will be followed by refreshments (at a small charge) for participants.

At 9.30am there will be a five mile cross-country walk to Sausthorpe and Raithby, lasting two and a half to three hours.

At 10.30am there will be a shorter, more local walk of 2.25 miles, climbing Wood Hill to take in the views. Sorry no dogs on either walk.

Donations to SAHWAW will be welcome.

Walking boots or stout shoes are recommended for both walks.

For further information please contact Stef Round on [stef.round@gmail.com](mailto:stef.round@gmail.com).



## SPILSBY BOWLS CLUB

8 CHURCH STREET, SPILSBY. Lincs.

**Contact Details: Mr John Coxwell**

**Telephone No: 01790 754299**

**LOCAL, FRIENDLY CLUB  
NEW MEMBERS WELCOME**

**Qualified Trainer  
for both adults  
and children**





**CELEBRATIONS IN SPILSBY TOWN CENTRE TO COMMEMORATE:**

## **KING CHARLES III CORONATION**

**SATURDAY 6th MAY, 2023 - 12 Midday – 5pm**

Street Party for children (bring your own picnic)

Entertainment: live music, street performers, games for the children.

More details to follow – look out for Posters and advertising on Social Media.

## **SPILSBY PLAY AREA** **Boston Road Recreation Ground**

The Town Council are in the early stages of planning a play area refurbishment.

At the Town Council Precept meeting on Thursday 19th January, 2023 £50,000.00 was allocated in the budget of 2023/24 for this project.

We also have a grant application form underway with the Big Lottery Community Fund where it is hoped we will be successful in obtaining more funds to put towards the total cost. Additionally, we will be sourcing funding both locally and nationwide.

We have met with various Play equipment suppliers on site and intend to bring the area up to date with wet pour surfacing and equipment to suit children of all ages (0-12years). We also aim to provide accessible and inclusive play equipment, more seating areas and picnic tables.

This project will most likely be carried out in stages over the next two to three years. Phase 1 will be focused on a central point (Explorer's Ship) aimed at 0-12 years with suitable access from the main gate. Phases 2 and beyond will feature key pieces being replaced.

Anyone who feels passionate about this project and would like to get involved, please contact us on the number below.  
(01790) 753189 Monday to Thursday 9am to 5pm.

## Hello and Happy Spring from all of us here at St Barnabas Hospice!



**St Barnabas**  
Hospice • Care • Support

We have lots of exciting events and activities coming up to celebrate the lighter nights and warmer weather.

### **Take on a Challenge:**

Lace up your running shoes and participate in the City of Lincoln 10k on Sunday 16th April in support of St Barnabas Hospice.

- On the 3rd of June or the 10th of September, why not take part in an exhilarating, once in a lifetime experience of a Skydive at Hibaldstow!

### **Easter Novelties:**

- This year, the county has come together to knit beautiful, chickens and rabbits as a cover for a Crème egg. These will be sold across the whole county. If anyone can knit, donate some Crème eggs, or host a box of these beauties, please do get in touch! Thank you to all who have supported so far!

### **Summer will be here before we know it:**

- This summer we're hoping to continue with our community feel catch-ups and we have lots of ways to accommodate this. If you'd like to showcase your beautiful garden, hold a Care for a Cuppa, or host a quiz in your local community space, please get in touch, as we'd love to support you with this!

Thank you to everyone who supports St Barnabas Hospice! Your support enables us to care for 12,000 people across our county who are affected by a life-limiting or terminal illness. If you'd like to find out more about our services and offerings, please visit our website <https://stbarnabashospice.co.uk/>

I hope you all have a wonderful Spring, and please get in touch!

Ellie Carter - Fundraising Officer

[Ellie.carter@stbarnabashospice.co.uk](mailto:Ellie.carter@stbarnabashospice.co.uk) Mobile: 07586 109692

# Classic Garden Services

**SERVING SPILSBY AND BEYOND**

*grass cutting, general tidying, pruning,  
small tree lopping, hedge trimming, major cutting back  
and clearance of overgrown areas*

**Call Terry: 07368 538099**

**[www.classicgardenservices](http://www.classicgardenservices)**

**FIND US ON FACEBOOK**



# BB SMOOTH

## LASER CLINIC

SUMMER BODIES ARE MADE IN WINTER  
START NOW AND YOU COULD BE HAIR FREE FOR SUMMER

50% OFF ALL TREATMENT COURSES

12 FOR 6

10 FOR 5

8 FOR 4

6 FOR 3

Treatments start from £30

Offer available for a limited time only

## FOR MORE INFORMATION

**Call Us / Message Us**

07516 124371

**Clinics held at:**

*Kameo*

Nail & Beauty Salon

18 Market St, Spilsby, PE23 5JT

119 High St, Coningsby, LN4 4RF



**Find Us Online**

[www.bb-smooth.com](http://www.bb-smooth.com) / [contact@bb-smooth.com](mailto:contact@bb-smooth.com)



[bbsmoothuk](#)



[BB Smooth](#)

# Laser Hair Removal by

**BB SMOOTH**  
—LASER CLINIC—

*FREE  
CONSULTATION*

**WITH A COPY OF THIS AD**

- Surprisingly Affordable
- Virtually Pain Free
- All Skin Types
- No More Shaving, Tweezing, Waxing, Plucking

**How long is a session?**

Depending on the area to be treated, sessions can last from 10 to 40 minutes.

**How many treatments will I need?**

A minimum of 6 treatments is required, however, everyone is unique and the average is between 6 to 12 treatments per course.

**How long do I have to wait between treatments?**

Treatments will be between 4 to 8 weeks apart, depending on the area being treated.

**Is laser hair removal permanent?**

In the majority of cases laser hair removal permanently removes at least 95% of hair. However, every individual is unique and some people may require top up sessions every 1 to 2 years.

**Does it hurt?**

Laser hair removal is far less painful than waxing and most people experience little or no pain.

**Is it safe?**

Laser hair removal is completely safe. A full consultation and patch test will be carried out prior to all treatments to ensure there are no adverse reactions.

**Visit [www.bb-smooth.com](http://www.bb-smooth.com) or call us on 07516 124371**



# **GET YOUR BUSINESS NOTICED**

Take advantage of our advertising packages in the Spilsby Explorer, the Town Council quarterly magazine. This is an ideal opportunity to advertise and promote your business.

1500 copies will be distributed to households and businesses in Spilsby.

**£45.00 for a full page per issue**

**£25.00 for half page per issue**

**£15.00 per quarter page per issue**

**REDUCED RATES FOR YEARLY ADVERTISING**

To request a space in future issues please contact:

**Ros Ford**

**Deputy Town Clerk**

**[deputyspilsbytc@btconnect.com](mailto:deputyspilsbytc@btconnect.com)**

**Telephone No: 01790 753189**

# Useful Contact Numbers

<b>Emergency Services</b>	
Emergency	999
Police non-emergency	101
Spilsby Police Station	01790 752222
NHS Urgent Care	111
<b>Health</b>	
Spilsby Surgery	01790 728111
Spilsby Pharmacy	01790 752246
Spilsby Dental Surgery	01790 753243
Pilgrim Hospital	01205 364801
Skegness Hospital	01754 762401
<b>Local Authority</b>	
Spilsby Town Council	01790 753189
East Lindsey District Council	01507 601111
District Councillor	01790 763575
Lincolnshire County Council	01522 552222
County Councillor	01754 880388
MP Louth and Horncastle	01507 527017
<b>Education</b>	
King Edward VI Academy	01790 753260
Woodlands Academy	01790 753902
Spilsby Primary Academy	01790 752503
Eresby Special School	01790 752441
Halton Holgate CofE Primary School	01790 752575
Partney CofE Primary School	01790 753319
Great Steeping Primary School	01754 830251
Toynton All Saints Primary School	01790 752242
Spilsby Playgroup	07731 444986
Spilsby Children's Centre	01790 753451
Buttons Daycare Nursery	01790 755647
Buttons Kindergarten	01790 755202
<b>Housing and Utilities</b>	
Lincs Rural Housing	01790 754219
Platform Housing Group (Waterloo)	0333 2007304
Anglian Water (Reporting Leak)	0800 771881
Flooding - to report flooding	01522 782082
Gas - National Grid	0800 111 999
<b>Community</b>	
Franklin Hall	01790 752913
Recreation Ground (Pavilion)	01790 752573
Eresby Hall Care Home	01790 752495
<b>Miscellaneous</b>	
Citizens Advice	0345 404 0506
Registration of Births, Deaths, Marriages & Civil Partnerships	01522 782244
Call Connect	0345 234 3344
Community Library	01522 782010
Household Waste Recycling Centres	01522 782070



## **FRANKLIN HALL - SPILSBY**

A COMMUNITY HALL (REGISTERED CHARITY), THE PERFECT PLACE TO HOST SOCIAL AND BUSINESS EVENTS IN THE HEART OF SPILSBY

### **MAIN HALL**

FOR LARGER FUNCTIONS AND ACTIVITIES UP TO 300 PEOPLE.  
IDEAL FOR COMMUNITY, CHARITY AND COMMERCIAL EVENTS, CLUBS, CLASSES, SPORTS, WEDDING RECEPTIONS AND PARTIES ETC LARGER MEETINGS, PULL DOWN SCREEN, STAGE AND MICROPHONES AVAILABLE

### **CONFERENCE ROOM**

OFFERS A MEETING ROOM/SMALLER FUNCTION ROOM FOR UP TO 50 PEOPLE.  
PULL DOWN SCREEN AND FREE WIFI OFFERING A FRIENDLY AND PROFESSIONAL ENVIRONMENT.

### **KITCHEN/BAR AND LOUNGE**

IDEAL SOCIABLE SPACE TO LINK TO THE ABOVE ROOMS AND ALSO IDEAL FOR SMALLER DINING EVENTS (E.G. COFFEE MORNINGS, LUNCH GROUPS).

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Hall Manager's Office generally open Tuesdays 11.15am to 2.15pm  
and Thursdays 9.30 to 12.30.

**Tel 01790 752913**

Email: [spilsbyfranklinhall@btconnect.com](mailto:spilsbyfranklinhall@btconnect.com)

Photos and online events diary are available by visiting: [spilsby.info/franklinhall](http://spilsby.info/franklinhall)